

Parent/Caregiver Workshops

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6	7 Family Engagement Workshop (Mandarin) 7:30pm – 9:00pm Speaker: Pauline Gao, Community Partnership Developer, YRDSB Join Zoom Meeting https://bit.ly/3C8pJTe Meeting ID: 858 2057 4790 <i>Pre-registration is not required</i>
	10	11	12	13	14
	17 Family Day	18 In-Person	19	20	21

		<p>Caregivers Journal Decorating, Book Exchange, Painting Workshop</p> <p>1:00pm – 3:00pm</p> <p>Location: CLYS Richmond Hill office</p> <p>Register in advance: https://bit.ly/4aAQrjS</p> <p><i>Pre-registration is required</i></p>	<p>CLYS & CHATS: Info session on CHATS services and the Powerful Tools for Caregivers Workshop</p> <p>6:00pm – 7:30pm</p> <p>Speaker: Juanita Butler, CHATS</p> <p>Join Zoom Meeting https://bit.ly/3Ehpxl6 Meeting ID: 811 6734 2815</p> <p><i>Pre-registration is not required</i></p>		
23	24	<p>25 Caregivers Mindfulness Workshop</p> <p>1:00pm – 2:30pm</p> <p>Join Zoom Meeting https://bit.ly/3EaSiji Meeting ID: 854 9175 7414</p> <p><i>Pre-registration is not required</i></p>	26	27	<p>28 Personality, Behavior & Diagnosis (Cantonese)</p> <p>7:00pm – 8:30pm</p> <p>Speaker: Carman Chu, BCBA, Registered Behavioral Analyst</p> <p>Join Zoom Meeting https://bit.ly/4hdN8I7 Meeting ID: 898 9402 9342</p> <p><i>Pre-registration is not required</i></p>

Workshop Descriptions:

Family Engagement Workshop (Mandarin)

Join us to learn more about York Region District School Board resources and services.

Care Connect: Chinese New Year Celebration (Cantonese) (In-Person)

Join us to build networking among Cantonese speaking families and celebrate Chinese New Year

PRE-REGISTRATION IS REQUIRED

Caregivers Journal Decorating, Book Exchange, Painting Workshop (In-Person)

PRE-REGISTRATION IS REQUIRED

Join us for a creative workshop for caregivers! Decorate your own journal cover, swap books in a fun book exchange, and paint a beautiful jewelry tray. A relaxing and inspiring way to recharge and connect!

CLYS & CHATS: Info session on CHATS services and the Powerful Tools for Caregivers Workshop

Learn about the 6-week workshop – Powerful Tools for Caregivers. The workshop will provide resources, supports, and strategies designed to empower caregivers and enhance their well-being.

Caregivers Mindfulness Workshop

The session includes interactive activities, guided mindfulness exercises, and practical strategies tailored to the caregiving experience.

Personality, Behavior & Diagnosis (Cantonese)

Join us to learn about our personality and behavior through the lens of applied behavior analysis.