



# Arts Workshop: Growing through Making

Making Arts is fun, and making arts can be more than fun!!! There is so much to learn through the experience of arts. In this workshop, besides bringing home beautiful art pieces, kids will learn to:

- practice and enhance fine motor skills
- develop group social skills
- learn and practice ways to regulate and express emotions

Class will be led by Hong Kong-trained therapist with over 10 years experience of working with children and families with developmental needs through arts.

**Date:** (Saturdays) Jan 20 -Mar 23, 2024 (No Class on Feb 17 and Mar 9)

	Class 1	Class 2 
Time	2:00 - 3:30pm	3:45 - 5:15pm
Target Age	8 - 12	5 - 7

**Group Size:** 6 seats for each workshop

**Location:** Unit 13, 5694 HWY 7 EAST, Markham, L3P 1B4

**Fee:** \$55/session/ child (total 8 sessions: \$440) (All materials included)

**Registration:** Register by email: [info@solhc.ca](mailto:info@solhc.ca) OR contact 905-4749500 Kelly Chen  
(Logistic supported by Spirit of Life)