

# Girls on the Go Group



**Date: Saturday's**  
**Starting January 13 to February 17, 2018**

Time: 11:30am to 2:30pm

Location: Welcome Centre North  
(8400 Woodbine Ave, Suite 102-103  
Markham, ON L3R 4N7 (South of Highway 7))

Ages: 15+

Support Ratio: 1:5

Cost: \$120

(Includes 8 Sessions)

\*1:1 support- a worker must  
accompany the individual to  
the program.

This program is for young girls who want to have fun while working on self-esteem, encourage experiential learning, learning new life skills, and so much more.

Activities: Building relationships, Physical Activities, Yoga, Dance, local excursions, Cooking, literacy, Arts & Craft More....

To Register Contact: Nabiha Rahman

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