

COMMUNITY LIVING
York South



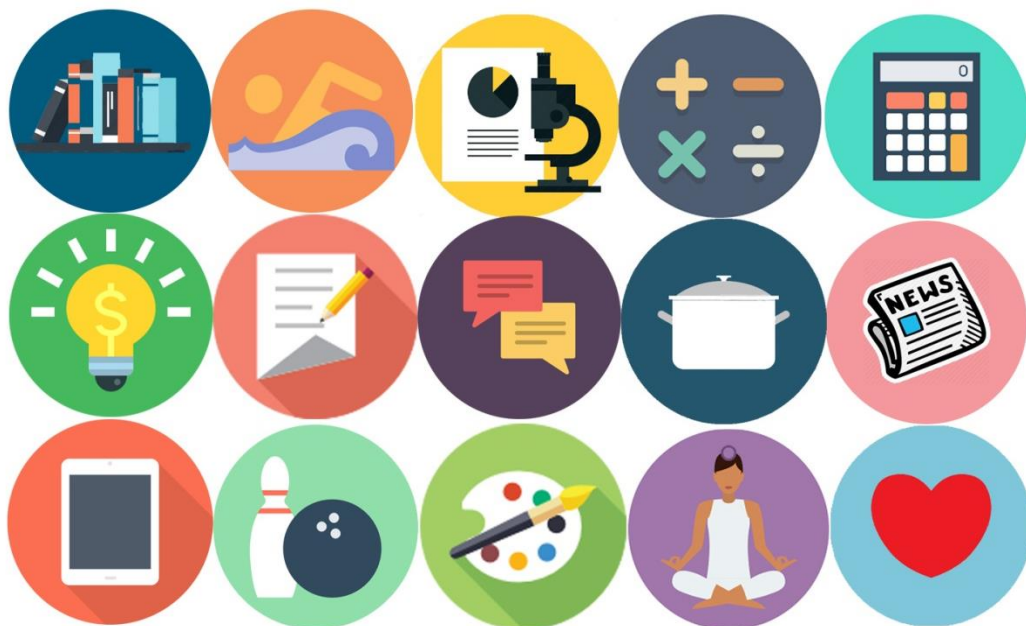
Inspiring Possibilities

Marketplace

Recreation, Leisure & Learning

Program Guide

Winter 2019



Why Choose Marketplace Programs?

2

TO HAVE FUN!

To Meet new people!

Participate in the community

Affordable programs (many are FREE!)

to Learn new skills

Support from peers

TO GET INVOLVED, STAY
ACTIVE, FIT & HEALTHY

NEW INNOVATIVE programs

Qualified, passionate and current
facilitators & curriculum developers

The Community Living York South Marketplace program provides a full range of educational, recreational and job related programs, workshops, and learning events. Some of these eight or ten week courses teach skills that are geared towards independence. Other courses are social in nature.

There are also courses geared towards physical fitness and well being.

Through these courses Community Living York South is committed to providing quality programs that promote personal growth, social skills and physical fitness at a reasonable cost.



MARKHAM MARKETPLACE WINTER 2019



	Monday		Tuesday			Wednesday		Thursday		Friday
Program	Everyday Healthy Cooking	Fitness at YMCA	Literacy & Book Club	Knitting Group (bi-weekly)	Computer Essentials (bi-weekly)	Social Connections	Fitness at YMCA	Drama	Chef's Corner	Social Club
Location	Armadale Community Centre	101 YMCA Blvd., Unionville	Aanin Community Centre	CLYS Markham Office	Markham Village Library	Silver Mills Hall	101 YMCA Blvd., Unionville	Milliken Mills Community Centre	Ballantrae Community Centre	CLYS Markham Office (1 st program)
Time	10:00-12:00	1:00-2:30	10:00-12:00	1:00-3:00	1:00-3:00	10:00-12:00	1:00-2:30	10:00-12:00	5:00-7:00	6:00-8:00
Dates	Jan. 7,14,21,28 Feb. 4,11, 18,25	Jan 7,14,21,28 Feb. 4,11,18,25	Jan.8,15, 22,29 Feb. 5, 12, 19, 26 Mar. 5,12	Jan. 8,22, Feb.5,19, Mar. 5,19	Jan. 15,29 Feb. 12,26 Mar. 12,26	Jan. 9,16,23,30 Feb 6,13,20,27 Mar. 6	Jan. 9,16,23,30 Feb 6,13,20,27 Mar. 6	Jan. 10, 17,24,31 Feb. 7, 14, 21, 28 Mar.7	Jan. 10, 17,24,31 Feb. 7, 14, 21, 28 Mar.7	Jan. 18, Feb.8, .22 Mar. 8, 22
Cost	\$ 122.56	\$30.00	\$ 75.00	\$25.00	FREE	\$ 127.36	\$30.00	\$112.96	\$ 112.50	Based upon activities
Register	Town of Markham Code: 334514	Marketplace	Marketplace	Marketplace	Marketplace	Town of Markham Code: 335808	Marketplace	Town of Markham Code: 335807	Town of Whitchurch-Stouffville Code: 4960	Marketplace



RICHMONDHILL MARKETPLACE WINTER 2019



	Wednesday	Thursday	Friday
Program	Social Group	Interacting with Others	Cooking
Location	Richmond Hill Police Station 171 Major Mackenzie Dr W. Richmond Hill L4C 5J1	Welcome Centre South Hill Shopping Centre 9325 Yonge St Richmond Hill L4C 0A8	Longos 10860 Yonge St Richmond Hill L4C 3E4
Time	10:00 am -12:00 pm	6:00 pm -8:00 pm	6:00-8:00
Dates	Jan 9,16,23,30 Feb 6,13,20,27 Mar 6,13,20,27	Feb 7,14,21,28 Mar 7,14,21,28	Jan 11,18,25, Feb 1,8,15,22 Mar 1,8,15
Cost	Free	\$80.00	\$100.00
Register	Register through Market Place at www.communityliving.yorksouth.ca	Register through Market Place at www.communityliving.yorksouth.ca	Register through Market Place at www.communityliving.yorksouth.ca

For Marketplace programs:

Please complete this form and contact marketplace@communitylivingyorksouth.ca or (905) 294-4971 ext. 450 to register.

Payment must accompany registration form before Jan. 3, 2019.

RICHMOND HILL

Wednesday

Social Group

The social group will provide you with the opportunity to gather weekly with old and new friends in a relaxed comfortable setting.
Location: Richmond Hill Police station (171 Major Mackenzie Dr. W.)

Time: 10:00 am to 12:00 am

Dates: Jan. 9-16-23-30-Feb. 6-13-20-27 Mar. 6-13-20-27

Cost: FREE

Register with Marketplace Program



Thursday

Interacting with Others

Interacting with others course will help participants better understand the different methods of communication and how to apply this in their everyday life.

Location: Welcome Centre South Hill Shopping Centre (9325 Yonge St. Richmond Hill)

Time: 6:00pm to 8:00pm

Dates: Feb. 7-14-21-28 Mar. 7-14-21-28

Cost: \$ 80.00

Register with Marketplace Program



Friday

Cooking

Description: Learning to prepare basic meals; taking home recipes to continue making the dishes they learn to prepare.

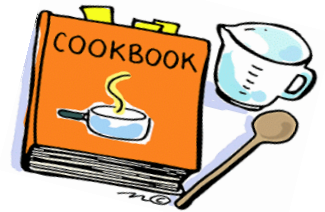
Location: Longo's (10860 Yonge St.)

Time: 6:00pm-8:00pm

Dates: Jan.11-18-25-feb. 1-8-15-22 Mar. 1-8-15

Cost: \$ 100.00

Register with Marketplace Program



MARKHAM

Monday

Everyday Healthy Cooking

Description: In the everyday cooking classes, we open up to the world of cuisine and get in-depth about ingredients, nutrition, equipment selection, and culinary techniques.

Location: Armadale Community Centre (2401 Denison St.)

Time: 9:30am-12:00 noon

Dates: Jan.7-14-21-28-Feb.4-11-18-25

Cost: \$122.56

Register with Town of Markham

Course Code: 334514



Fitness at YMCA

Description: YMCA provides swimming, group fitness classes, free weights, and recreational sports.

Location: 101 YMCA Blvd, Unionville

Time: 1:00pm-2:30pm

Dates: Jan.7-14-21-28-Feb.4-11-18-25

Cost: \$30.00

Register with Marketplace Program



Tuesday



Literacy/Book Club

Description: Develop basic literacy skills that will enable you to function more effectively in your personal and community life.

Location: Aaniin Library (5665 14th Ave.)

Time: 10:00am-12:00 noon

Dates: Jan.8-15-22-29 Feb. 5-12-19-26 Mar. 5-12

Cost: \$75.00 (books and materials not included)

Register with Marketplace Program

Knitting Group (bi-weekly)

Description: Learn the basic techniques of knitting stitches

Location: CLYS Markham Office (5694 Hwy 7, Unit #13)

Time: 1:00pm-3:00pm

Dates: Jan. 8-22 Feb.5-19 Mar.5-19

Cost: \$25.00

Register with Marketplace Program





Computer Essentials (bi-weekly)

Description: Designed to teach various topics pertaining to computers, the Internet, and its impact on our health.

Location: Markham Village Library (6031 Hwy 7)

Time: 1:00pm-3:00pm

Dates: Jan.15-29 Feb. 12-26 Mar. 12-26

Cost: FREE

Register with Marketplace Program

Wednesday

Social Connections and Interactions

Description: This course will explore different methods of communication and how to apply the methods with friends, acquaintances; strangers in order promote healthy lifestyles.

Location: Stiver Mills Hall (Unionville)

Time: 9:30 am-12:00 noon

Dates: Jan. 9-16-23-30 Feb. 5-12-19-26 Mar. 6

Cost: \$ 127. 36

Register with the Town of Markham

Course code: 335808



Fitness at YMCA

Description: YMCA provides swimming, group fitness classes, free weights, and recreational sports.

Location: 101 YMCA Blvd, Unionville

Time: 1:00pm-3:00pm

Dates: Jan. 9-16-23-30 Feb. 5-12-19-26 Mar. 6

Cost: \$30.00

Register with Marketplace Program



Thursday

Drama

Description: Let your voice be heard. Let your story be told.

Location: Milliken Mills Community Centre

Time: 9:30am-11:30 am

Dates: Jan. 10-17-24-31 Feb.7-14-21-28 Mar.7

Cost: \$75.00

Register with Marketplace Program



Chef's Corner Cooking

Description: Skills taught include independent cooking, kitchen safety, proper use of equipment, food presentation, dinner etiquette and healthy lifestyles.

Location: Ballantrae Community Centre (5592 Aurora Rd.)

Time: 5:00pm-7:00pm

Dates: Jan. 10-17-24-31 Feb.7-14-21-28 Mar.7

Cost: \$112.50

**Resister with Town of
Whitchurch-Stouffville
Course Code:** 4960



Friday

Friday Night Social Club

Description: Building healthy relationships in group and community settings.

Location: CLYS Markham Office for first gathering (5694 Hwy 7, Unit #13)

Time: 6:00pm-8:00pm

Dates: Jan.18-Feb.8-22 Mar. 8-22

Cost: based upon activities

Register with Marketplace Program





Marketplace Registration Form

Participant Name: _____ Male: ____ Female: ____
 Birthday: _____ Age: _____
 Full Address: _____
 Telephone #: _____ Alternate #: _____
 Email: _____
 Emergency Contact: _____ Emergency Contact #: _____
 Pertinent Medical/Health Info: _____

Allergies: Yes: ____ No: ____ Describe: _____
 Assisted Devices: _____ Mobility Aids: _____

Independence Level/Supports to Participate in Marketplace Programs

I require staff support to participate (I will bring my support worker): _____
 I am independent: _____ Partial Supports Required: _____

Program Name:	Dates:	Time:	Fee:
TOTAL			

Signature: _____ Date: _____

**Register before JANUARY 3, 2019 with marketplace@communitylivingyorksouth.ca
or 905-294-4971 EXT. 450**

_____ Cash	_____ Cheque	Amount Enclosed: _____
_____ Visa	_____ MasterCard	_____ American Express
Card Number: _____		CVV #: _____
Name on Card: _____		
Expiry Date: _____		
Signature: _____		
in-person payment includes Credit, Apple Pay, Android Pay, and Interac		