

# Keeping You CONNECTED

**ESSENTIAL NEEDS RESOURCE DIRECTORY**



**\*To have your resource included, please contact us at [zzaidi@communitylivingyorksouth.ca](mailto:zzaidi@communitylivingyorksouth.ca)**

# CRISIS SUPPORTS

**Community and Social Services Hotline (24/7):** Dial 211 or visit [www.211toronto.ca](http://www.211toronto.ca)

**Community Crisis Response Service (24/7):** 1-855-310-COPE (2673)  
[cope.yssn.ca](http://cope.yssn.ca)

**Emergency Shelter Access (24/7):** 416-338-4766 or 1-877-338-3398

**Telehealth Ontario (24/7):** 1-866-797-0000

**Ontario Legal Line (24/7):** 416-929-8400

**Online legal information:** [www.cleo.on.ca](http://www.cleo.on.ca) and [www.stepstojustice.ca](http://www.stepstojustice.ca)

# FINANCIAL INFO

**Temporary Income Support:** <https://bit.ly/2yph3q4>

**Income Support for Individuals Who Need it Most:** <https://bit.ly/2WZQjqy>

**Flexibility for Taxpayers:** <https://bit.ly/34ai29p>

**Mortgage Default Management Tools:** <https://bit.ly/2R5DtTW>

**Role of Financial Institutions:** <https://bit.ly/2w9vii1>

**Support for Businesses:** <https://bit.ly/3bEpsEy>

**The new Canada Emergency Response Benefit (CERB):**

<https://www.canada.ca/en/services/benefits/ei/cerb-application.html>

**The Federal government will provide a taxable benefit of \$2,000 a month for up to 4 months to eligible workers who have lost their income due to COVID-19.**

# FINANCIAL INFO

Increase in ODSP and OW support during the COVID-19 pandemic:  
<https://bit.ly/2y6VLxd>

Emergency Assistance Support for Families: <https://bit.ly/2VcWFAp>

For parents: <https://www.iaccess.gov.on.ca/FamilyAppWeb/public/index.xhtml>

Ontario Government Support Parents in Ontario will receive a one-time payment to help offset the additional cost of having their children under the age of 12 home from school or daycare. The payment will be \$200 per child / \$250 for those with special needs, including children enrolled in private school

Parents will also receive from the Federal government an extra onetime payment of \$300 per child through the **Canada Child Benefit (CCB)**. This benefit will be delivered as part of the scheduled CCB payment in May.

Those who already receive the Canada Child Benefit do not need to re-apply.

ODSP Discretionary Payments : <https://bit.ly/2RmvdPC>

Existing ODSP recipients may be entitled to receive a onetime discretionary payment to help offset costs associated with the Covid-19 virus. ODSP recipients should contact their case worker right away to request this payment.

## Rent Payment Deferral

The Ontario government has passed legislation temporarily suspending Eviction Orders. This means that people can't be evicted from their homes if they are unable to pay their rent due to COVID-19. Please note that it is a deferral of rent and not an elimination of rent. Therefore, once the temporary suspension is lifted, people will still owe rent that they hadn't paid and will therefore be expected to make payment. It would be difficult to catch up in the future especially if current rent money has been spent on other things.

# FINANCIAL INFO

## **Special GST Credit Payment**

**In early May, the government is providing a special one-time payment through the GST credits to low- and modest-income families. The average additional benefit will be close to \$400 for single individuals and close to \$600 for couples. There is no need to apply for this payment. If you are eligible, you will get it automatically.**

## **Low-Income Energy Assistance Program (LEAP):**

**For families who are struggling with payment of energy costs, the government has suspended disconnections of Electricity and Natural Gas services during the COVID-19 crisis.**

## **Extended Renewal of Government Documents:**

**Health cards, Drivers Licenses and other government documents that expired on or before March 1st will have their renewal deadlines extended until further notice. Simply continue to use your existing documents.**

## **Emergency Childcare**

**Emergency childcare for frontline workers is available to allow our front line workers to keep serving our community. This includes regulated and unregulated health care workers, police officers, firefighters, justice related employment.**

**For a full list of those who's occupations may qualify and where to find open center please access the below link: <https://bit.ly/3aYh56C>**

**The Homelessness Prevention Program provides assistance to York Region residents living with low and moderate income who are experiencing or at risk of homelessness and are not receiving Ontario Works (OW) or Ontario Disability Support Program (ODSP).**

**Benefits Include: Assistance with mortgage, rental and/or utility arrears, first and last month's rent, utility security deposit, moving costs, compensation for urgent medical needs, landlord and tenant mediation, and more.**

**How to Apply: Contact Access York at 1-877-464-9675 or TTY 1-866-512-6228**

# FOOD BANKS

**Markham Food Bank:** 190 Bullock Drive, Unit 11, Markham, 905-472-2437  
<http://markhamfoodbank.ca/>

**105 Gibson Centre:** 105 Gibson Dr, Markham, ON, 905-946-8787  
<https://105gibson.com/>

**Cornerstone Christian Community Church:** 9680 Ninth Line, Markham, ON  
905-294-3554 ext 3663 (FOOD), <https://www.cornerstonechurch.ca/pantry>

**Richmond Hill Food Bank (Also open to Thornhill residents):**  
55 Newkirk Road, Richmond Hill ON, 905-508-4761  
<https://www.richmondhillcommunityfoodbank.ca/>

**Vaughan Food Bank:** 5732 Hwy # 7, Units 3 & 4, Woodbridge, ON L4L 3A2  
905- 851-2333, <https://www.vaughanfoodbank.ca/>

**Humanity First (Open to residents in York Region and GTA):**  
600 Bowes Rd, Unit # 40, Concord, ON, 416-440-0346,  
<https://www.humanityfirstcanada.ca/>  
\* provide free home delivery service to those who have no transportation means  
or are physically challenged

**St Stephen's Anglican Church Food Pantry and Community Garden:**  
10103 Keele St, Vaughan, ON, 416-569-4263,  
<https://ststephensmaple.ca/pantry/>

**Whitchurch-Stouffville Food Bank:** 86 Ringwood Drive, Unit 24, Stouffville, ON  
905-591-4443 | <https://wsfoodbank.ca/>

# GENERAL INFO

**Ontario Developmental Services:** <http://www.ontariodevelopmentalservices.ca/resources/covid-19>

# GROCERY/FOOD DELIVERY

**Instacart:** [www.instacart.ca](http://www.instacart.ca)

**Grocery Gateway:** [www.grocerygateway.com](http://www.grocerygateway.com)

**Metro Grocery Delivery:** <https://www.metro.ca/en/online-grocery/how-it-works>

**Real Canadian Superstore:** <https://www.realcanadiansuperstore.ca/delivery>

**Walmart Delivery:** <https://www.walmart.ca/en/grocery/N-117>

**Cornerstore:** <https://cornershopapp.com/en-ca/>

**Routes Connecting Communities:** <https://www.routesc.org/>

**The Good Neighbour Project:** [www.goodneighbourproject.com/](http://www.goodneighbourproject.com/)  
226-600-2868 | 647-873-2230 (Hotline number for the vulnerable)

**DoorDash:** [www.doordash.com](http://www.doordash.com)

**Fantuan Delivery:** [www.fantuan.ca](http://www.fantuan.ca)

**Food Hwy:** [www.foodhwy.com](http://www.foodhwy.com)

**Foodora:** [www.foodora.ca](http://www.foodora.ca)

**SkipTheDishes:** [www.skipthedishes.com](http://www.skipthedishes.com)

**Uber Eats:** [www.ubereats.com](http://www.ubereats.com)

# MEAL ORDER SERVICES

**HalalMeals:** [www.halalmeals.ca](http://www.halalmeals.ca)

**HelloFresh:** <https://www.hellofresh.ca/>

**Chefs Plate:** <https://www.chefsplate.com/>

**Good Food:** <https://www.makegoodfood.ca/>

**MissFresh:** <https://www.missfresh.com/en#>

**Cook It:** <https://www.chefcookit.com/en>

**Healthy Alternative:** <https://www.healthyalternative.ca/>

**Meal Fix:** <https://www.mealfixcanada.com/>

**The Pickle Barrel Catering:** <https://picklebarrelcatering.com/>

**Meals on Wheels:** <http://www.mealsonwheels.ca/>

# EMPLOYMENT

<https://jobs.td.com/en-CA/>

[https://www.ttmtech.com/careers/careers\\_search.aspx](https://www.ttmtech.com/careers/careers_search.aspx)

<https://www.millergroup.ca/current-opportunities/>

<https://rb.gy/gs8y5l>

<http://jacentretail.com/jacent/applynow/>

<https://corpo.metro.ca/en/careers.html>

<https://www.loblaw.ca/en/careers.html>