

Youth Online Workshops				March 2023
Monday	Tuesday	Wednesday	Thursday	Friday
27	28	<p>1</p> <p>Wellness Wednesday: Easy Fitness</p> <p>1:00pm – 2:00pm</p> <p>Join Zoom Meeting https://bit.ly/3Dxtm2j Meeting ID: 819 5486 8948 +17806660144</p> <p>CSC: Winny and Jeffrey</p>	<p>2</p> <p>Get Ready for Work Series: Interview Preparedness</p> <p>4:30pm – 5:30pm</p> <p>Join Zoom Meeting https://bit.ly/40fiQqj Meeting ID: 834 3668 9374 +16475580588</p> <p>CSC: Puja and Farnaz</p>	<p>3</p> <p><u>In-Person Workshop:</u> Cooking Series: Taste of India</p> <p>11:00am – 12:30pm</p> <p>Join Zoom Meeting https://bit.ly/3HL7Mdd Meeting ID: 821 7692 7965 +14388097799</p> <p>CSC: Crystie</p>
6	7	<p>8</p> <p>International Women’s Day</p> <p>1:00pm – 2:00pm</p> <p>Join Zoom Meeting https://bit.ly/3Z3Pjio Meeting ID: 820 5298 2641 +12042727920</p> <p>CSC: Crystie & Farnaz</p>	<p>9</p> <p>Computer Skills Series: Introduction to Microsoft PowerPoint</p> <p>11:00am – 12:00pm</p> <p>Join Zoom Meeting https://bit.ly/3IVh32S Meeting ID: 810 5553 1909 +17789072071</p> <p>CSC: Athavi & Diondra</p>	<p>10</p> <p>Fun Friday: Movie Day</p> <p>1:00pm-2:30pm</p> <p>Join Zoom Meeting https://bit.ly/3IXXxTt Meeting ID: 895 8362 0068 +15873281099</p> <p>CSC: Puja</p>
<p>13</p> <p>March Break Jamz – Karaoke</p> <p>1:00pm – 2:00pm</p> <p>Join Zoom Meeting https://bit.ly/41xnpN6 Meeting ID: 898 4461 5297 +16475580588</p> <p>CSC: Winny</p>	<p>14</p> <p><u>In-Person Workshop:</u> Bowling Trip</p> <p>1:00pm – 3:00pm</p> <p>Register in advance for this meeting: http://bit.ly/3Iy7Egw</p> <p>Pre-registration is required</p>	<p>15</p> <p>Our Diverse Communities: Irish Heritage Month</p> <p>1:00pm – 2:00pm</p> <p>Join Zoom Meeting https://bit.ly/3ZswaXd Meeting ID: 883 7976 6933 +16475580588</p> <p>CSC: Crystie & Jeffrey</p>	<p>16</p> <p>Get Ready for Work Series: Following Up and Next Steps</p> <p>4:30pm – 5:30pm</p> <p>Join Zoom Meeting https://bit.ly/3Zun3W1 Meeting ID: 849 6423 6796 +15873281099</p>	<p>17</p> <p><u>In-Person Workshop:</u> Fun Friday: Magic Show</p> <p>1:00pm-2:45pm</p> <p>Register in advance for this meeting: http://bit.ly/3mo3lwB</p> <p><i>No pre-registration required</i></p>

	CSC: Winny & Crystie		CSC: Puja & Farnaz	CSC: Athavi & Puja
20	<p>21</p> <p>Cooking Series: Taste of Ireland</p> <p>11:00am - 12:00pm</p> <p>Join Zoom Meeting https://bit.ly/3Y54MgL Meeting ID: 885 4872 3447 +17789072071</p> <p>CSC: Winny & Jeffrey</p>	<p>22</p> <p>Wellness Wednesday: Meditations</p> <p>1:00pm - 2:00pm</p> <p>Join Zoom Meeting https://bit.ly/3IZJf4A Meeting ID: 876 8458 5252 +15873281099</p> <p>CSC: Crystie & Diondra</p>	<p>23</p> <p>Computer Skills Series: Introduction to Creative Tools</p> <p>11:00am - 12:00pm</p> <p>Join Zoom Meeting https://bit.ly/3ksFg7w Meeting ID: 876 3993 2833 +15873281099</p> <p>CSC: Athavi & Diondra</p>	24
27	28	<p>29</p> <p>My Wellbeing 101 Series: Who am I?</p> <p>4:00pm - 5:00pm</p> <p>Join Zoom Meeting https://bit.ly/3m9Nj9H Meeting ID: 818 3931 4333 +12042727920</p> <p>CSC: Puja & Farnaz</p>	<p>30</p> <p><u>In-Person Workshop</u> Get Ready for Work Series: Final Wrap</p> <p>3:00pm - 4:00pm</p> <p>Register in advance for this meeting: http://bit.ly/3kuX6Xh</p> <p>CSC: Puja & Farnaz</p>	31

Workshop Descriptions

Wellness Wednesday: Easy Fitness

It's Wellness Wednesday, so join us and get active!

Get Ready for Work Series: Interview Preparedness

Come and join us as we learn some tips and tricks to get ready to work! Topic: learn about the do's and don'ts of interviewing! Practice and develop your interview skills.

Cooking Series: Taste of India

What comes to your mind when you hear Indian food? Let's explore different Indian cuisine.

International Women's Day

International Women's Day (March 8) is a global day celebrating the social, economic, cultural, and political achievements of women. Join us and learn more about it!

Computer Skills Series: Introduction to Microsoft PowerPoint

Description needed

Fun Friday: Movie Day!

Join us for a family feature in the comforts of your own home!

March Break Jamz - Karaoke

Come sing along and jamz to your favourite songs!

Bowling Trip

Come out to have fun playing bowling with your peers!

Note: pre-registration is required. *Limited Spots Available.*

Our Diverse Communities:

Irish Heritage Month

Learn more about diversity in the new year!

Get Ready for Work Series: Following Up and Next Steps

Come and join us as we learn some tips and tricks to get ready to work! Topic: What happens after an interview. Join us and learn about what comes next.

Fun Friday: Magic Show (In-Person)

Join us in-person for a spectacular show! **Note: pre-registration is required. *Limited Spots Available.***

Cooking Series: Taste of Ireland

What comes to your mind when you hear Irish food? Let's explore different Irish cuisine.

Wellness Wednesday: Meditation

Let's take a moment out of your day to join our meditation practice.

Computer Skills Series: Introduction to Creative Tools

Join us to learn the basics of skills of photoshop, Canva and so much more!

My Well-being 101 Series: Who am I?

Join us in this new series to learn more about yourself. Topics for this week: let's find out more about ourselves.

Get Ready for Work Series: Final Wrap (In-Person)

Let's put it all together. Join us to look at your resumes, practice for those interviews, and celebrate a job well done! **Note: pre-registration is required. *Limited Spots Available.***