

Youth/Adults Online Workshops

December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30 Wellness Wednesday: Music Therapy 1:30pm - 2:30pm Join Zoom Meeting https://bit.ly/3feMvxj Meeting ID: 859 5984 8458 +17806660144	1 Winter Safety 11:00am - 12:00pm Join Zoom Meeting https://bit.ly/3U8Yqez Meeting ID: 853 8399 1117 +15873281099	2 Fun Friday: Dance Dance Marathon 1:00pm-2:00pm Join Zoom Meeting https://bit.ly/3TPe3YN Meeting ID: 876 6456 9339 +16473744685
5	6 Be a Smart Spender 11:00am - 12:00pm Join Zoom Meeting http://bit.ly/3XDsOAU Meeting ID: 838 8706 3395 +17789072071	7 Wellness Wednesday: Scavenger Hunt 1:30pm - 2:30pm Join Zoom Meeting http://bit.ly/3u9GXlc Meeting ID: 860 9995 6147 +17789072071	8	9 Fun Friday: Movie Day 1:00pm - 2:30pm Join Zoom Meeting http://bit.ly/3u6qC6O Meeting ID: 816 2064 3817 +14388097799
12	13 Cooking Series: Decorating Holiday Cookies (In-Person) 11:00am - 12:00pm Register in advance for this meeting: http://bit.ly/3GOxH3I	14	15	16 Magic Friday: Holiday Magic Show 1:00pm - 2:00pm Join Zoom Meeting http://bit.ly/3EODeEE Meeting ID: 858 2202 5867 +16473744685
19	20 Find Your Roots 11:00am - 12:00pm Join Zoom Meeting http://bit.ly/3uekw4l Meeting ID: 829 4635 5860 +16473744685	21 Holiday Fest (In-Person) 1:00pm - 2:30pm Register in advance for this meeting: http://bit.ly/3F9LD6W	22	23
26 Stat Holiday	27 Stat Holiday	28	29 What's Next... Goal Setting 2023 11:00am - 12:00pm Join Zoom Meeting http://bit.ly/3UnVZEY Meeting ID: 826 3786 2469 +17806660144	30

Workshop Descriptions

Wellness Wednesday: Healing Through Music

If you have a love for creating music and singing songs join us for a therapeutic music therapy session this wednesday.

Winter Safety

Join us to learn about safety tips for Winter. So we can enjoy the season together!

Fun Friday: Dance Dance Marathon

Do you want to be active and have fun together? Come join us for some fun dancing time!

Be a Smart Spender

Do you want to learn how to spend within your means, start saving, the art of budgeting and more? Join us for an informative session on how to become a smart spender.

Wellness Wednesday: Scavenger Hunt

Join us for a virtual interactive holiday themed scavenger hunt.

Fun Friday: Movie Day

Movie Day ! Bring your own snacks and enjoy a holiday movie this Friday

Cooking Series: Decorating Holiday Cookie (In-Person)

Join us in person for a Christmas cookie decorating Workshop. A hands on experience that will leave you with treats to bring home.

Magic Friday: Holiday Magic Show

Do you want to be amazed and entertained? Join us for an interactive Holiday magic show this Friday !

Find Your Roots

Let's get together to learn, share and appreciate our ethnic roots. You'll have the opportunity to create your own family tree and learn the culture.

Holiday Fest:

Join us this wednesday for CLYS end of year Holiday Fest where we will make fun crafts and create new memories.

- Arts & Crafts: Santa Handprint
- Make your Holiday Cards
- Gift wrapping

What's Next... Goal Setting 2023

As we say goodbye to 2022. Join us for a creative writing session where we will reflect on this past year and create personal goals for the upcoming year.