

Parent/Caregiver Online Workshops and Chatrooms

August 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>STAT HOLIDAY</p>	<p>4</p> <p>Creating New Awesome Building Support Eric (4 of 5) 10:15am-11:45am Contact Annie Zhang azhang@communitylivingyorkso uth.ca if you are interested in joining the series. Join Zoom Meeting https://us02web.zoom.us/j/88250458452 +1 647 374 4685 Meeting ID: 882 5045 8452</p>	<p>5</p> <p>Wellness Wednesday: Super Smoothies 1:00pm-2:00pm Join Zoom Meeting https://us02web.zoom.us/j/84692894627 +1 647 374 4685 Meeting ID: 846 9289 4627</p>	<p>6</p> <p>Funding Options for Children with Developmental Disabilities. 4:00pm-5:00pm Join Zoom Meeting https://us02web.zoom.us/j/89448963396 +1 647 374 4685 Meeting ID: 894 4896 3396</p>	<p>7</p>

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Coaching call with Eric Goll
10:15AM-11:45AM
Join Zoom Meeting
<https://us02web.zoom.us/j/85093236204>
+1 647 374 4685
Meeting ID: 850 9323 6204

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Learning Tuesday: Disability Tax Benefits- Cantonese
10:00am -11:30am
Join Zoom Meeting
<https://us02web.zoom.us/j/88620890500>
+1 647 374 4685
Meeting ID: 886 2089 0500

Learning Tuesday: How does RESP work for people with intellectual disabilities? (English)
6:00pm-7:30pm
Join Zoom Meeting
<https://us02web.zoom.us/j/82203639156>
+1 647 374 4685
Meeting ID: 822 0363 9156

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13
Disability Tax Benefits - Mandarin
10:00am-11:30am
Join Zoom Meeting
<https://us02web.zoom.us/j/83860732825>
+1 647 558 0588
Meeting ID: 838 6073 2825

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<p>17</p>	<p>18</p> <p>RDSP- New families (Cantonese) 10:00am -11:30am</p> <p>Join Zoom Meeting https://us02web.zoom.us/j/81204886738 +1 647 374 4685 Meeting ID: 812 0488 6738</p> <p>How to get more Canada Child Benefits from Government? 4:00pm-5:00pm</p> <p>Join Zoom Meeting https://us02web.zoom.us/j/83931491913 +1 647 374 4685 Meeting ID: 839 3149 1913</p>	<p>19</p> <p>Parent/Caregiver Chatroom - Cantonese 7:00pm - 8:00pm</p> <p>Join Zoom Meeting https://us02web.zoom.us/j/88098498474 +1 647 374 4685 Meeting ID: 880 9849 8474</p>	<p>20</p> <p>RDSP – New families (Mandarin) 10:00am -11:30am</p> <p>https://us02web.zoom.us/j/84719770870 +1 647 374 4685 Meeting ID: 847 1977 0870</p> <p>Parent/Caregiver Chatroom (Tamil) 3:00pm-4:00pm</p> <p>Join Zoom Meeting https://us02web.zoom.us/j/85326081471 +1 647 374 4685 Meeting ID: 853 2608 1471</p>	<p>21</p>
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Creating New Awesome Building Support Eric (5 of 5)
10:15am-11:45am
Contact Annie Zhang
azhang@communitylivingyorksouth.ca if you are interested in joining the series.
Join Zoom Meeting
<https://us02web.zoom.us/j/81358528057>
+1 647 374 4685
Meeting ID: 813 5852 8057

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Learning Tuesday
RDSP- Existing Plan holders- Cantonese
10:00am -11:30am
Join Zoom Meeting
<https://us02web.zoom.us/j/87055150956>
+1 647 374 4685
Meeting ID: 870 5515 0956

How to get rid of debt faster?
4:00pm-5:00pm
Join Zoom Meeting
<https://us02web.zoom.us/j/85323365918>
+1 647 558 0588
Meeting ID: 853 2336 5918

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27
RDSP- Existing Plan holders-Mandarin
10:00am -11:30am
Join Zoom Meeting
<https://us02web.zoom.us/j/82160261050>
+1 647 374 4685
Meeting ID: 821 6026 1050

Transition Resources
4:00pm-5:00pm
Join Zoom Meeting
<https://us02web.zoom.us/j/85323365918>
+1 647 558 0588
Meeting ID: 853 2336 5918

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<p>31</p> <p>Parent/Caregiver Chatroom (Mandarin) 2:00pm - 3:00pm Join Zoom Meeting https://us02web.zoom.us /j/89905755657 +1 647 374 4685 Meeting ID: 899 0575 5657</p>	<p>1</p> <p>Registered Disability Savings Plan (RDSP) English 4:00pm-5:00pm Join Zoom Meeting https://us02web.zoom.us/j/8861 4120994 +1 647 374 4685 Meeting ID: 886 1412 0994</p>	<p>2</p> <p>Wellness Wednesday: One Mile Walk 12:30pm-1:30pm Join Zoom Meeting https://us02web.zoom.us/j/ 89483846423 +1 647 374 4685 Meeting ID: 894 8384 6423</p>	<p>3</p>	<p>4</p>
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Eric Goll Creating New Awesome Workshops

Register "Create a New ~~Normal~~ Awesome with Eric Goll" to learn about how to guide your family member with a disability to shift from bored and lonely to engaged, supported and connected! This series of workshops is your guide to creating structure, routine, the right supports, and social connection.

How does RESP work for people with intellectual disabilities? (English)

- What does RESP work? (Government grant and bond)
- What are the pros and cons of different types of RESP providers?
- What happens if my child doesn't go to school?
- Can I rollover the RESP money to another registered account?

How to get more Canada Child Benefit from the government? (English)

By attending this workshop, participants will learn:

- 1) how does Canada Child Benefit work
- 2) how to use the Canada Child Benefit calculator
- 3) Strategies to increase Canada Child Benefit

Disability Tax Benefits- (Chinese)

Come to Disability Tax Benefits workshop to learn about different tax benefits you can take advantage for your child.

RDSP- New families (Chinese)

RDSP-New families workshop is designed for families who haven't open RDSP to learn about RDSP basics.

RDSP- Existing Plan holders (Chinese)

RDSP-Existing Plan holders is designed for families who already opened RDSP to deepen their knowledge about RDSP. They will have opportunities to ask individualized questions.

Wellness Wednesday:

Super Smoothies

Come learn on how to make nutritional and healthy smoothies.

One Mile Walk

Dress in comfortable physical activity attire and ensure you have a water bottle on hand.

Training Thursday:

Join us for a series of interactive trainings.

Disability Financial Planning (Chinese)

Come to our Disability Financial Planning workshop to learn about strategies in financial planning for people with intellectual disabilities.

How to get rid of debt faster?(English)

Tips and resources you can use to help you manage your finances and to reduce your debt.

By attending this workshop, participants will learn:

- 1) The effect of compound interest
- 2) Good debt vs bad debt
- 3) Strategies to get rid of debt faster
- 4) Strategies to replace bad debt with good debt

Registered Disability Savings Plan (RDSP) (English)

Come to this workshop to learn about the Registered Disability Savings Plan and top 4 tips to maximize savings.

Funding Options for Children with Developmental Disabilities (English)

Information on various government funded resources ie. (SSAH, ACSD, OAP etc.)

Transition Resources (English)

Learn about different resources and opportunities your son/daughter can take to ensure a smooth transition into adulthood.